

# CHOPPED SALADS

QUANTITY: \_\_\_\_\_ PRICE: \_\_\_\_\_ NAME: \_\_\_\_\_

START IT UP

**STEP 1:**  Chopped  
 Not Chopped

**STEP 2:**  Iceberg  
 Mesclun  
 Romaine  
 Spinach

**32oz. \$8.99**



**STEP 3: CHOOSE YOUR 6 TOPPINGS**

- Artichoke Hearts
- Avocado (add \$2)
- Bacon
- Black Olives
- Broccoli
- Carrots
- Celery
- Chickpeas
- Corn
- Cranberries
- Croutons
- Cucumber

- Egg
- Egg Whites
- Green Olives
- Green Peppers
- Kidney Beans
- Mandarin Oranges
- Mushrooms
- Pistachios
- Raisins
- Red Onion
- Red Peppers
- Roasted Peppers

- Sundried Tomatoes
- Sunflower Seeds
- Tomato
- Walnuts

**Cheese Toppings: (add \$1 each)**

- Blue Cheese Crumbles
- Feta Cheese
- Fresh Mozzarella
- Parmesan Cheese
- Shredded Cheddar
- Shredded Mozzarella

DRESS IT UP

**STEP 4:**

- Grilled Chicken (\$3)
- Breaded Chicken Cutlet (\$3)
- Blackened Chicken (\$4)
- Chicken Salad (\$3)
- Egg Salad (\$2)
- Ham (\$2)
- Tuna Salad (\$3)
- Fresh Turkey (\$3)
- Grilled Shrimp (\$4)
- Blackened Shrimp (\$4)
- Shrimp Salad (\$4)

**STEP 5:**

**DRESSING MIXED IN**

- Balsamic Vinaigrette
- Bleu Cheese
- Caesar
- Creamy Italian
- Fat Free French
- Fat Free Honey Mustard
- French

**DRESSING ON THE SIDE**

- Greek
- Italian
- Low Fat Raspberry Vinaigrette
- Oil and Vinegar
- Ranch
- Russian
- Thousand Island

TOP IT OFF

Additional Dressings 50 cents each